

Introduction to RGU Sports Clubs

RGU Sports Clubs are the key representation and deliverers of sport & physical activity as part of RGU:Union. Each year a President of Sport and Physical Activity is elected to drive forward sport and physical activity at the University, and represent the student voice in this area. The President is supported by both the Chief Executive Officer of the Union and the Head of Sport at RGU SPORT to deliver sport & physical activity at RGU, working with sports club leaders and committees to do so.

Who are we?

RGU Sports Clubs are student led sports clubs, who aim to deliver organised sport and physical activity. They consist of student members and governed by an elected committee of dedicated student volunteers.

How are RGU Sports Clubs run?

RGU Sports Forum is the leadership group of RGU Sports Clubs. It comprises of our student sports club leaders, with the collective aim of improving sport and physical activity at RGU.

Each club is run by a committee of elected students, decided at the club annual AGM (see 'Club Essentials' for further info). The committee, namely the President, are in regular contact with the President of Sport & Physical Activity and Club Development Officer who supports them to run activities including training, compete in fixtures and events, and support the overall direction of the club.

The committee are responsible for representing the thoughts and views of students, bringing any feedback or ideas to the President of Sport & Physical Activity. As RGU students, club members are also welcome to attend events such as RGU:Union Student Voice, and RGU:Union AGM to elicit change and speak to their views and opinions.

What's the difference between RGU SPORT, and RGU Sports Clubs?

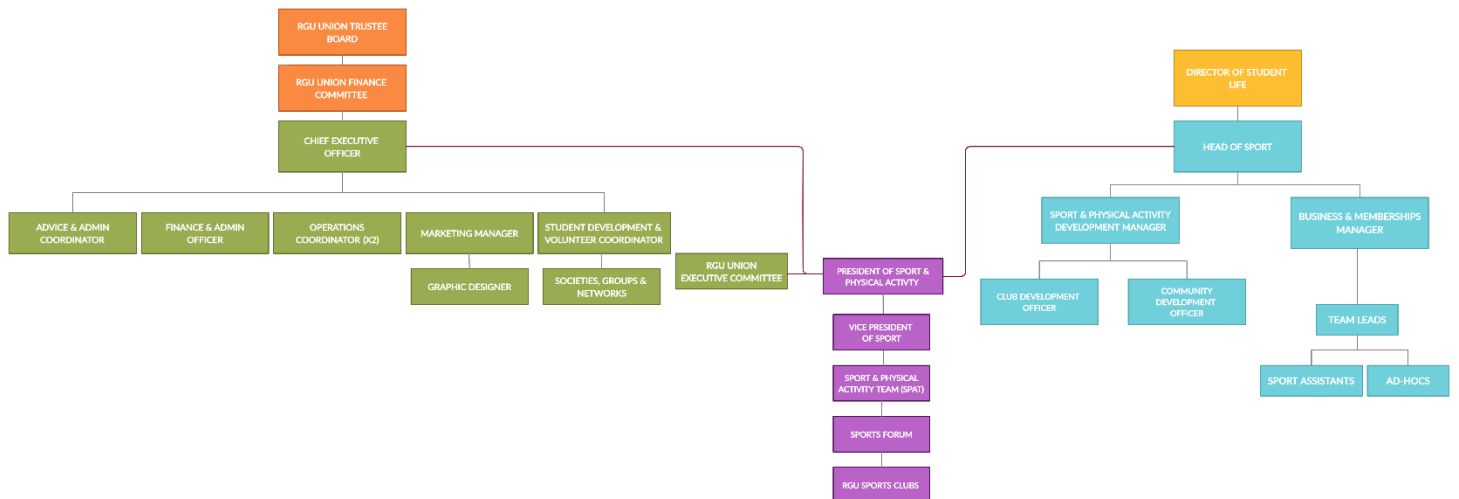
RGU SPORT's involvement in RGU Sports Clubs - RGU SPORT acts as the home of RGU Sports Clubs. With a highly experienced staff team, their role is to apply their knowledge and experience of student sport to provide support and advice for all clubs and athletes, ensuring their continual development.

Where does RGU:Union come in?

RGU:Union host all student activities, including societies, student groups, networks and sports clubs. RGU Sports Clubs work closely with RGU SPORT due to the cross over in work, and experience and knowledge of the RGU SPORT team.

All students are automatically a member of RGU:Union but require further membership to engage in sports club and society activity.

The organogram below demonstrates where the President of Sport & Physical Activity, and RGU Sports Clubs sit between RGU:Union and RGU SPORT.



As RGU Sports Clubs are governed by RGU:Union, it is important you familiarise yourself with the organisations policies and regulations which can be found [here](#).

As well as being a member of an RGU Sports Club, you are first and foremost a student of the University and therefore you must abide by all [university policy](#) and [student policies and guidelines](#).

All students are welcome to join an RGU Sports Club and are encouraged to do so. This is a great opportunity to meet new people, stay active, and enhance your skills by taking on and learning new roles.

Any further questions about any of the above can be directed to the contacts below;

RGU:Union - hello@rguunion.co.uk

President of Sport and Physical Activity - presspa@rguunion.co.uk

Head of Sport- i.lowe@rgu.ac.uk